

ANTHEM LAST CHANCE INVITATIONAL

February 27 – 28, 2010

Held under the sanction of USA Swimming, Inc.

Sanctioned By: Arizona Swimming, Inc. **Sanction # AZ10C057R**

Liability: In granting this sanction, it is understood and agreed that USA Swimming Inc., Arizona Swimming Inc., the Anthem Community Center, the Anthem Dolphins, and all meet officials shall be held harmless from any and all liabilities of claims for damages by reason of injuries to anyone during the conduct of this meet, which includes all warm-up sessions.

Hosted by: Anthem Dolphins

Meet Director: Axel Birnbrich (623)-551-1146 abirnbrich@aol.com

Meet Referee: Pam Birnbrich (602)370-3777 pbirnbrich@gmail.com

Meet Location: Anthem Community Center 41170 Freedom Way, Anthem, AZ 85086
623-879-3011

Course: Outdoor 25 meter pool, 8 lane heated pool, Daktronics start, touchpads, and 8 lane scoreboard. The competition course has not been certified in accordance with 104.2.2(C).

Eligibility:

1. Open to any USA Swimming registered athlete holding a current USA Swimming registration card as of the meet entry deadline.
2. A current, valid USA Swimming registration card must be presented to the Clerk of Course if requested.
3. All coaches and officials must wear their current USA Swimming registration in a visible manner.
4. No on deck registration will be available
5. Age as of February 27, 2010 will govern this meet
6. Time trails will only be offered at discretion of the meet referee
7. Swimmers with a disability are welcome to enter meet, coach must alert referee or starter for any Special accommodations or seeding arrangements at the time the entry is submitted.

Rules:

1. The current USA Swimming rules for competitive swimming will govern this meet
2. The Arizona Swimming controlled meet warm-up will be posted and enforced
3. All events will be pre-seeded, time final events
4. Entry times must be submitted in swimmers best short course yard times
5. Swimmers are limited to **four(4) individual events per session**
Swimmers are limited to **five(5)** total individual events for Saturday only
6. All ages swim together but awarded separately in the following age groups:
6 & un, 7 – 8, 9 – 10, 11- 12, 13 – 14, 15 & over
7. The 400 IM, 800, & 1500 free events will require positive check-in and will close 15 minutes prior to the start of each session and will be deck seeded. The 400 free event will require positive check-in and will close at 11:30am and will be deck seeded.
8. Host club reserves the right to limit meet to 350 athletes

Sessions:

Session I:	Saturday	7:30am warm-up / 8:30am start
Session II:	Saturday	Warm-up immediately following AM session, but no earlier than 12:00pm, competition begins 60 minutes after start of warm-ups
Session III:	Sunday	8:00am warm-up / 9:00pm start

Entries: **Entries are due by Monday February 22, 2010.** Entries can be made on an Arizona Entry form or Hy-tek email file. Teams sending electronic entries must submit a hard copy with a single team payment. Late entries will be accepted subject to a \$6.00 late fee per event and lane availability. NO new heats will be created, nor will any events be re-seeded to accommodate late entries.

Mail or email meet entries to: Terri Thomas
2230 W Legends Way
Anthem, AZ 85086

Email address: anthem_dolphins@yahoo.com

- Entry Fees:** \$3.00 per individual event
\$5.00 per swimmer surcharge
Team fees are due prior to start of the meet
- Timing:** Swimmers are responsible for providing their own timers and counters for the 400, 800, & 1500 free
- Officials:** All officials are encouraged to work at the meet. Please contact the Meet Referee or Meet Director prior to the meet if you are available to work the meet.
- Awards:** Ribbons for 1st thru 8th
- Concessions:** Concessions will be available during the meet
- Vendor:** A shirt vendor and swim product vendor will be available during the meet

SESSION I SATURDAY FEBRUARY 27, 2010

Warm-ups 7:30am / Meet starts 8:30am

<u>Girls events#</u>	<u>Event</u>	<u>Boys Event #</u>
1	10 & under 200 Free	2
3	8 & under 100 IM	4
5	10 & under 200 IM	6
7	8 & under 25 Free	8
9	9 - 10 100 Free	10
11	8 & under 50 Breast	12
13	10 & under 100 Breast	14
15	8 & under 50 Back	16
17	10 & under 100 Back	18
19	8 & under 50 Fly	20
21	10 & under 100 Fly	22
23	8 & under 100 Free	24
25	9 & Over 400 Free*	26

SESSION II SATURDAY FEBRUARY 27, 2010

Warm-ups immediately following AM session, no earlier than 12:00pm
Competition begins 60 minutes after start of warm-ups

<u>Girls Events #</u>	<u>Event</u>	<u>Boys event #</u>
27	11 & Over 400IM*	28
29	11 - 12 100 Free	30
31	13 & Over 100 Free	32
33	11 - 12 100 Back	34
35	13 & Over 100 Back	36
37	11 - 12 100 Fly	38
39	13 & Over 100 Fly	40
41	11 - 12 100 Breast	42
43	13 & Over 100 Breast	44
45	11 - 12 200 Free	46
47	13 & Over 200 Free	48
49	11 & Over 800 Free*	50

* require positive check-in

SESSION III SUNDAY FEBRUARY 28, 2010

Warm-ups 8:00am / 9:00pm meet starts

<u>Girls Event #</u>	<u>Events</u>	<u>Boys Event #</u>
51	9 – 10 100 IM	
53	11 – 12 200 IM	
55	13 & Over 200 IM	
57	8 & under 25 back	
59	9 – 12 50 Back	
61	11 & Over 200 Back	
63	8 & under 25 Breast	
65	9 – 12 50 Breast	
67	11 & Over 200 Breast	
69	8 & under 25 Fly	
71	9 – 12 50 Fly	
73	11 & Over 200 Fly	
75	8 & under 50 Free	
77	9 – 12 50 Free	
79	13 & Over 50 Free	
81	11 & Over 1500 Free*	

* require positive check-in

Release and Waiver of Liability and Assumption of Risk Agreement

I, the undersigned participant and parent, request voluntary participation for minor to participate in Anthem Dolphins Competitive Swim Meets (hereinafter "Activities") on property owned by the Anthem Community Council, Inc.

I consent to my/minor's participation in the activities and acknowledge that the minor and I fully understand my/minor's participation may involve risk of serious injury or death, including losses which may result not only from my/minor's own actions, inactions or negligence, but also from the actions, inactions, or negligence of others, the condition of the facilities, equipment, or areas where the event or activity is being conducted, and/or the rules of play of this type of event or activity. I understand that if I have any risk concerns, I should discuss the risks associated with my participation with the activity coordinators and event staff, before I sign this document and before any activities begins.

Release – Adult Participant

In consideration of participating in the Activities, I hereby release and hold harmless Anthem Community Council, Inc. its board of directors, officers, employees, volunteers, committee members, managing agents, contractors and other participants, and agents (collectively, the "Released Parties"), of and from, and do discharge and waive, any and all claims, demands, losses, damages, and liabilities that I may have or sustain with respect to any and all damage and/or injury on behalf of myself and others who may have claims, of any type, arising out of my participating in the Activities. I also agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

(Print name of adult participant)

(Signature)

(Date)

Release – Minor's Rights

In consideration of allowing Minor Participant to participate in the Activities, I hereby release and hold harmless Anthem Community Council, Inc. its board of directors, officers, employees, volunteers, committee members, managing agents, contractors and other participants, and agents (collectively, the "Released Parties"), of and from, and do discharge and waive, any and all claims, demands, losses, damages, and liabilities that Minor Participant may have or sustain with respect to any and all damage and/or injury, of any type, arising out of his or her participating in the Activities. I also agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

(Print name of Parent/Guardian)

(Signature of Parent/Guardian)

(Date)

Release – Parents'/Guardians' Rights

In consideration of allowing Minor Participant to participate in the Activities, I hereby release and hold harmless the Released Parties, of and from, and do discharge and waive, any and all claims, demands, losses, damages, and liabilities that I may have or sustain with respect to any and all damage and/or injury, of any type, arising from Minor Participant's participation in the activities. I also agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

I certify that my/minor is in good health and have no physical condition that would prevent participation in this activity. Furthermore, I agree to use my/minor's personal medical insurance as a primary medical coverage payment if accident or injury occurs. I consent to emergency medical treatment in the event such care is required.

(Print name of Parent/Guardian)

(Signature of Parent/Guardian)

(Date)

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(Print name of adult participant)

(Signature)

(Date)

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