

# 2012 YMCA WSF IMX Invite

## May 4- May 6, 2012

Hosted by YMCA Westside Silver Fins

Held under sanction of USA Swimming, Inc.

Sanctioned by: Arizona Swimming, Inc.

Sanction # AZ12-63R

**Liability:** In granting this sanction, it is understood and agreed that USA Swimming, Inc., Arizona Swimming, Inc., YMCA Westside Silver Fins, Southwest Valley Family YMCA and all meet officials and volunteers shall be free from any and any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet, which includes warm-up sessions.

**Location:** Southwest Valley Family YMCA, 2919 N Litchfield Rd., Goodyear, AZ 85395

**Meet Director:** Robyn Ferro 623-680-9156

[robynferro@gmail.com](mailto:robynferro@gmail.com)

**Meet Referee:** Denise O'Connell/Dave Brace

[denise.oconnell@cox.net](mailto:denise.oconnell@cox.net) [dlbrace@gmail.com](mailto:dlbrace@gmail.com)

**Course:** Six/ eight lane, outdoor, 50 meter pool with non-turbulent lane dividers. Colorado start and semi-automatic timing system (two-button). Breaks will be provided for warm-up/warm-down needs during the meet at the discretion of meet referee. The competition course has been certified in accordance with 104.2.2(C). The minimum water depth, measured in accordance with Article 103.2.3, is 13' at the start end and 4' at the turn end.

**Eligibility:**

1. Open to any USA swimming athlete holding a current USA Swimming registration card as of the meet entry deadline. Proof of registration must be presented to the Clerk of Course if requested. On-deck registration will not be available at any Arizona Swimming Meet. Out of state teams may submit a roster signed by the LSC registrar as proof of registration.
2. All athletes must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down.
3. All athletes must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or swimmer's legal guardian to ensure compliance with this requirement. Please notify the meet director of any necessary arrangements regarding eligibility rule number 2 or 3 prior to the start of the first session of competition.
3. Age on **May 4, 2012** will govern for this meet.
4. All coaches and officials must be USA Swimming registered prior to the competition and shall wear their current USA Swimming credentials in a visible manner. Registration will be checked at the Clerk of Course prior to the start of each session.
5. Swimmers with a disability are welcome to enter this meet. The coach or entry chairperson must alert the Meet Director as to the need for any special accommodations or seeding arrangements.

**Rules:**

1. The current USA Swimming rules of competitive swimming will govern.
2. This will be a timed final meet.
3. Entry times must be swimmers' best **long course** times. All events are NTS.
4. Events will be **combined** for seeding (8&U, 12&U, 13&O), but **scored separately** (8&U, 10&U, 11, 12, 13, 14, 15, 16 and 17&O) for IMX High Point Awards.
5. To be eligible for the IMX High Point Awards, swimmers must compete in ALL IMX events for their respective age group:

<i>Ages 8&amp;U:</i>	50 Fly, 50 Back, 50 Breast, 100 Free
<i>Ages 10&amp;U:</i>	200 IM, 100 Fly, 100 Back, 100 Breast, 200 Free
<i>Ages 11, 12:</i>	200 IM, 100 Fly, 100 Back, 100 Breast, 400 Free
<i>Ages 13, 14, 15, 16, 17&amp;O:</i>	200 IM, 400 IM, 200 Fly, 200 Back, 200 Breast, 400 Free

Each IMX event will receive a Power Point Score based on the Hy-Tek Power Points Chart. Total Points for all IMX events will be added together for an IMX Score. Eight and under points will be based on the 9 year old power points chart.

6. Swimmers in the **10 & under 400 free, 11 & over 800 free, 13 & over 400 IM, 11-12 400 free, and 13 & over 400 free** must positively check-in at the Clerk of Course 30 minutes prior to the start of the session in which the events are swum. Failure to check in by the deadline will result in an athlete's removal from the event. Swimmers in these events must provide their own timers (2) and personnel to count laps as needed. Each of these events will be swum fastest to slowest, alternating heats of women and men. The 10 & under 400 free and 11 & over 800 free are not IMX events and will not count towards high point awards.
7. The Arizona Controlled Meet warm-up and Safety Guidelines will be posted and enforced.
8. Time trials may be offered at the discretion of the meet referee.
9. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

**Sessions:**

Session I (Friday, May 4, 2012):	Warm-up: 4:00pm	Start: 5:00pm
Session II (Saturday, May 5, 2012):	Warm-up: 8:00am	Start: 9:00am
Session III (Sunday, May 6, 2012):	Warm-up: 8:00am	Start: 9:00am

**Entries:**

Email entries to **robynferro@gmail.com**  
 All entries must be submitted via email in Hy-tek format.  
 Meet entries are due Sunday, April 29, 2012 by midnight.  
 Late entries will be accepted at the discretion of the meet director and/ or meet referee.  
 Any late entries may be subject to a \$5 late fee per swimmer.

**Entry Fees:**

LSC Surcharge	\$5.00		
Individual Events	\$3.00	Time Trials	\$6.00

Entry fees are due by the start of the first session, Friday, May 4, 2012. Payment may be made by cash, check or credit card. Make checks payable to **YMCA Westside Silver Fins**.

**Awards:**

High Point Awards will be given to the top 3 male and female **IMX Scorers** in the following age groups: 8 & under, 10 & under, 11, 12, 13, 14, 15, 16 and 17 & over.  
 Note that swimmers younger than 8 who swim the 10 & under IMX events will compete with the 10 & under athletes for the 10 & under High Point award.

**Hotels:**

There are a number of great hotels in the vicinity of the pool.

**Concessions:**

A full snack bar with candy, snacks, meals and beverages will be open during each session of the meet.

**Vendor:** Ski Pro will be on site during the Saturday and Sunday sessions for all your swim equipment needs.

**Parking:** Parking availability at the Southwest Valley Family YMCA is restricted. We ask that all officials, coaches and volunteers park in adjacent lot to the YMCA (main parking lot). There will be a drop off/ pick up area located near the community entrance of the pool for anyone that is not a coach, official or volunteer.

All parents and swimmers must use church parking lot to the east of the YMCA. Please enter the church parking lot using the driveway immediately east of the YMCA parking lot entrance on Thomas. Please do not use the parking lot located on the North-West corner of the YMCA. It is for the city of Goodyear skate park only.

**Results:** Results will be posted on the YMCA Westside Silver Fins website ([www.wsfins.com](http://www.wsfins.com)) after the conclusion of the meet. Results will be available as a downloadable zip file for Team Manager as well as PDF format for immediate viewing.

**Additional Information:** Please see the YMCA Westside Silver Fins website ([www.wsfins.com](http://www.wsfins.com)) for meet files and any additional information!

**Session I- Friday, May 4, 2012**  
**Warm-up 4:00pm Meet Start 5:00pm**

<b>Women</b>	<b>Event</b>	<b>Men</b>
1	10&U 400 Freestyle*	2
3	11&O 800 Freestyle*	4

\* Swimmers in these events must positively check-in 30 minutes prior to the start of session I. Failure to check in by the deadline may result in an athlete being removed from the event. Swimmers in these events must provide their own timers (2) and personnel to count laps as needed. Each of these events will be swum fastest to slowest, alternating heats of women and men.

**Session II- Saturday, May 5, 2012**  
**Warm-up: 8:00am Meet Start: 9:00am**

<b>Women</b>	<b>Event</b>	<b>Men</b>
5	8&U 100 Free	6
7	13&O 200 Butterfly	8
9	11-12 100 Butterfly	10
11	10&U 100 Butterfly	12
13	8&U 50 Butterfly	14
15	13&O 200 Breaststroke	16
17	11-12 100 Breaststroke	18
19	10&U 100 Breaststroke	20
21	8&U 50 Breaststroke	22
23	11-12 100 Backstroke	24
25	10&U 100 Backstroke	26
27	8&U 50 Backstroke	28
29	13&O 400 IM *	30

\* Swimmers in this event must positively check-in 30 minutes prior to the start of session II. Failure to check in by the deadline may result in an athlete being removed from the event. Swimmers in this event must provide their own timers (2). This event will be swum fastest to slowest, alternating heats of women and men.

**Session III- Sunday, May 6, 2012**  
**Warm-up: 8:00am Meet Start: 9:00am**

<b>Women</b>	<b>Event</b>	<b>Men</b>
31	10 & U 200 IM	32
33	11-12 200 IM	34
35	13 & O 200 IM	36
37	10 & U 200 Freestyle	38
39	13 & O 200 Backstroke	40
41	11-12 400 Freestyle*	42
43	13&O 400 Freestyle*	44

\* Swimmers in these events must positively check-in 30 minutes prior to the start of session III. Failure to check in by the deadline may result in an athlete being removed from the event. Swimmers in these events must provide their own timers (2). Each of these events will be swum fastest to slowest, alternating heats of women and men.