

**YMCA Westside Silver Fins**  
**Age Group Road to London**  
**February 4-5, 2012**  
Held under the sanction of USA Swimming

- Sanctioned by: Arizona Swimming Sanction Number: AZ12-37R
- Liability: In granting this sanction, it is understood and agreed that USA Swimming, Inc., Arizona Swimming, Inc., the YMCA Westside Silver Fins, and all meet officials shall be held harmless from any and all liabilities of claims for damages by reason of injuries to anyone during the conduct of this meet, which includes all warm-up sessions.
- Hosted by: YMCA Westside Silver Fins
- Meet Director: Robyn Ferro 623-935-4743 [robynferro@gmail.com](mailto:robynferro@gmail.com)  
Meet Referee: David Brace 623-262-3152 [davidlbrace@gmail.com](mailto:davidlbrace@gmail.com)
- Meet Location: Southwest Valley YMCA, 2919 N. Litchfield Rd, Goodyear, AZ
- Course: Outdoor, 25 yard, 8/10 lane heated pool, Colorado Start, semi-automatic system for all Sessions. A 25-yard warm up pool area will be available for continuous warm-up throughout the meet. The minimum water depth, measured in accordance with Article 103.2.3, is 6 feet, 0 inches at the start end and 6 feet, 0 inches at the turn end. The competition course has been certified in accordance with 104.2.2(C).
- Eligibility:
1. Open to any USA Swimming 2012 registered athlete who is registered as of the meet entry deadline or any Fina registered foreign athletes who have been formally invited by USA Swimming.
  2. All athletes, coaches and officials must be USA Swimming registered prior to the entry meet deadline. No on-deck registration will be available. A valid USA Swimming registration card must be presented to the Clerk of Course, if requested. All coaches and officials must wear their current USA Swimming registration in a visible manner. Out of state athletes must include a copy of their USA Registration card or a team roster signed by the LSC registrar when submitting entries
  3. Age on February 4, 2012 will govern for the meet.
  4. This is an NTS meet.
  5. Swimmers who are 13 or 14 may either swim as a Senior (long course) or in the 13-14 age group competitions (short course), but may not swim in both categories.
  6. Swimmers with a disability are welcome to enter this meet. The coach or entry chairperson must alert the meet director, referee, and entry coordinator as to the need or any special accommodations or seeding arrangements at the time the entry is submitted.
  7. Any swimmer entered in the meet, unaccompanied by a US Swimming member coach must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Rules:
1. The current rules of USA competitive swimming will govern this meet.
  2. Age Group events will be pre-seeded.
  3. Swimmers are limited to 5 events per session. 13-14 year-olds must swim in one session per day, ONLY. 13-14 age group must be ALL senior session OR, ALL age group session.
  4. Please enter with an accurate time achieved in short course yards. Converted times will not be accepted.
  5. All coaches and officials must be USA Swimming registered prior to the competition and wear current registration in a visible manner.
  6. The Arizona controlled meet warm-up will be posted and enforced.
  7. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
  7. WSF reserves the right to limit meet attendance to 300 swimmers per session.

- Sessions                    Session I (Saturday, Feb. 4, 2012):      Warm-ups: 1:00 PM      Start: 2:00 PM\*\*\*  
                                 Session II (Sunday, Feb. 5, 2012):      Warm-ups: 1:00 PM      Start: 2:00 PM\*\*\*  
                                 \*\*\*Should the timeline for the 2012 Road to London meet exceed the expected start time of this meet  
                                 and cause it to begin late, then a timeline will be made available to all teams prior to start of  
                                 meet through email.
- Entries:                    All entries must be on the Arizona Swimming entry form or Commlink file and must be received by  
                                 Sunday, January 29, 2012.  
                                 E-Mail: [robynferro@gmail.com](mailto:robynferro@gmail.com)
- Entry Fees:                \$3 individual event fee  
                                 \$5 swimmer surcharge (AZ Swim)  
                                 Entry fees are due by the start of the first session, Saturday, February 4, 2012. Payment may be made  
                                 by cash, check or credit card. Make checks payable to **YMCA Westside Silver Fins**.
- Awards:                    Ribbons for 1<sup>st</sup> through 3<sup>rd</sup> place for individual events.
- Concessions:              There will be a snack bar available at this meet.
- Timing:                    Volunteers will be asked to time for all events except for the 400 IM & 500 Free. In the above  
                                 mentioned events, swimmers must provide their own timers and lap counters..
- Parking:                    Parking availability at the YMCA is restricted. Expect officials, coaches and volunteers to  
                                 park in adjacent lot to the YMCA (main parking lot). There will be a drop off/ pick up area  
                                 located near the community entrance of the pool for anyone that is not a coach, official or  
                                 volunteer.  
                                 All parents and swimmers must use church parking lot to the east of the YMCA. Please enter  
                                 the church parking lot using the driveway immediately east of the YMCA parking lot entrance  
                                 on Thomas. Please do not use the parking lot located on the North-West corner of the  
                                 YMCA. It is for the city of Goodyear skate park only.
- Results:                    Results will be posted on the YMCA Westside Silver Fins website ([www.wsfins.com](http://www.wsfins.com)) after  
                                 the conclusion of the meet. Results will be available as a downloadable zip file for Team  
                                 Manager as well as PDF format for immediate viewing.
- Hotels:                    There are a number of great hotels in the vicinity of the pool.

**Session I – Saturday, Feb. 4<sup>th</sup>**  
**Warm up: 1:00pm Start: 2:00pm \*\*\***

Women	Time	Event	Time	Men
1	NTS	12 & Under 50 Back	NTS	2
3	NTS	13 & Over 50 Back	NTS	4
5	NTS	12 & Under 200 Yd Fly	NTS	6
7	NTS	13 & Over 200 Yd Fly	NTS	8
9	NTS	12 & Under 100 Yd Free	NTS	10
11	NTS	13 & Over 100 Yd Free	NTS	12
13	NTS	12 & Under 200 Yd IM	NTS	14
15	NTS	13 & Over 200 Yd IM	NTS	16
17	NTS	12 & Under 100 Yd Breast	NTS	18
19	NTS	13 & Over 100 Yd Breast	NTS	20
21	NTS	12 & Under 200 Yd Back	NTS	22
23	NTS	13 & Over 200 Yd Back	NTS	24
25	NTS	12 & Under 50 Fly	NTS	26
27	NTS	13 & Over 50 Fly	NTS	28
29	NTS	12 & Under 500 Yd Free*	NTS	30
31	NTS	13 & Over 500 Yd Free*	NTS	32

\*\*\* See the above notes in the meet flyer.

\*Swimmers must provide their own timers and lap counters for these races.

**Session II – Sunday, Feb. 5<sup>th</sup>**  
**Warm up: 1:00pm Start: 2:00pm \*\*\***

Women	Time	Event	Time	Men
33	NTS	12 & Under 50 Breast	NTS	34
35	NTS	13 & Over 50 Breast	NTS	36
37	NTS	12 & Under 100 Yd Fly	NTS	38
39	NTS	13 & Over 100 Yd Fly	NTS	40
41	NTS	12 & Under 200 Yd Free	NTS	42
43	NTS	13 & Over 200 Yd Free	NTS	44
45	NTS	12 & Under 200 Yd Breast	NTS	46
47	NTS	13 & Over 200 Yd Breast	NTS	48
49	NTS	12 & Under 100 Yd Back	NTS	50
51	NTS	13 & Over 100 Yd Back	NTS	52
53	NTS	12 & Under 50 Yd Free	NTS	54
55	NTS	13 & Over 50 Yd Free	NTS	56
57	NTS	12 & Under 400 Yd IM*	NTS	58
59	NTS	13 & Over 400 Yd IM*	NTS	60

\*\*\* See the above notes in the meet flyer.

\*Swimmers must provide their own timers and lap counters for these races.

