

# YMCA Westside Silver Fins WSF/ SAC/RIO/FAST Quad Meet

October 22, 2011

Held under the sanction of USA Swimming, Inc.

**Sanctioned by:** Arizona Swimming Sanction Number: AZ12-34

**Liability:** In granting this sanction, it is understood and agreed that USA Swimming, Inc., Arizona Swimming, Inc., the YMCA Westside Silver Fins, and all meet officials shall be held harmless from any and all liabilities of claims for damages by reason of injuries to anyone during the conduct of this meet, which includes all warm-up sessions.

**Hosted by:** YMCA Westside Silver Fins

**Meet Director:** Robyn Ferro 623-680-9156 [robynferro@gmail.com](mailto:robynferro@gmail.com)  
**Meet Referee:** David Brace 623-262-3152 [davidlbrace@gmail.com](mailto:davidlbrace@gmail.com)

**Meet Location:** Southwest Valley Family YMCA, 2919 N. Litchfield Rd, Goodyear, AZ 85395  
**Course:** Outdoor, 25 yard, 8/10 lane heated pool, Colorado Start, semi-automatic system for all Sessions. The competition course has been certified in accordance with 104.2.2C(4). A 25-yard warm up pool area will be available for continuous warm-up throughout the meet. The minimum water depth, measured in accordance with Article 103.2.3, is 6 feet, 0 inches at the start end and 6 feet, 0 inches at the turn end.

**Eligibility:**

1. Open to any current USA Swimming registered athlete holding a current USA Swimming registration card who is a member of or an unattached swimmer training with SAC, FAST, RIO, or WSF.
2. All swimmers, coaches, and officials must be registered prior to the competition and present proof of current registration to the Clerk of Course, if requested. No on deck registration will be accepted. All coaches and officials shall wear their current USA Swimming registration in a visible manner.
3. Age on October 22, 2011 will govern for the meet.
4. This is a No Time Standard Meet.
5. Swimmers with a disability are welcome to enter this meet. The coach or entry chairperson must alert the meet director, referee, and entry coordinator as to the need or any special accommodations or seeding arrangements at the time the entry is submitted.

**Rules:**

1. The current rules of USA competitive swimming will govern this meet.
2. Individual events are pre-seeded, timed final events, except where noted below.
3. All events 400 yards and longer will be deck seeded and will require positive check-in with the clerk of course as noted on the events page. These events will be swum fastest to slowest, alternating women and men.
4. Swimmers are limited to 5 individual events.
5. Entry times must be the swimmer's best short course times. No converted times may be used for entry.
6. All coaches and officials must be USA Swimming registered prior to the competition and wear current registration in a visible manner.
7. The Arizona controlled meet warm-up will be posted and enforced.

**Sessions:** Session I Warm-ups: 8:00 AM Start: 9:00 AM  
Session II Warm-ups: 12:30 PM Start: 1:30 PM

- Entries:** All entries must be submitted via email in Hy-tek format. No late entries will be accepted. Meet entries will be due by midnight, Sunday, October 16, 2010.  
E-Mail: [robbyferro@gmail.com](mailto:robbyferro@gmail.com)
- Entry Fees:** \$5.00 LSC surcharge  
\$3.00 per individual event  
Entry fees are due by the start of the first session, Saturday, October 22, 2011. Payment may be made by cash, check or credit card. Make checks payable to **YMCA Westside Silver Fins**.
- Awards:** Ribbons for 1<sup>st</sup> – 8<sup>th</sup> place for 10&U and 8&U events.
- Timing:** Volunteers will be asked to time for all events except for the 1000 free. Swimmers must provide their own timers and lap counters.
- Concessions:** A full snack bar will be open during each session of the meet.
- Lunch:** We will provide a lunch for swimmers in both sessions beginning at 11:45am.
- Parking:** Parking availability at the Southwest Valley Family YMCA is restricted. We ask that all officials, coaches and volunteers park in adjacent lot to the YMCA (main parking lot). There will be a drop off/ pick up area located near the community entrance of the pool for anyone that is not a coach, official or volunteer.  
All parents and swimmers must use church parking lot to the east of the YMCA. Please enter the church parking lot using the driveway immediately east of the YMCA parking lot entrance on Thomas. Please do not use the parking lot located on the North-West corner of the YMCA. It is for the city of Goodyear skate park only.
- Results:** Results will be posted on the YMCA Westside Silver Fins website ([www.wsfins.com](http://www.wsfins.com)) after the conclusion of the meet. Results will be available as a downloadable zip file for Team Manager as well as PDF format for immediate viewing.

**Session I – Saturday, October 22, 2011**

Warm up: 8:00 AM      Start: 9:00 AM

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
1	11&O 200 Relay	2
3	11&O 50 Fly	4
5	11&O 200 Back	6
7	11&O 100 Breast	8
9	11&O 200 IM	10
11	11&O 50 Back	12
13	11&O 100 Free	14
15	11&O 200 Fly	16
17	11&O 500 Free*	18

\*Check-in required by 9:30am.

**Session II – Saturday, October 22, 2011**

Warm up: 12:30 PM      Start: 1:30 PM

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
19	8&U 200 Free	20
21	10&U 500 Free**	22
23	8&U 50 Fly	24
25	10&U 50 Fly	26
27	8&U 50 Breast	28
29	10&U 100 Breast	30
31	8&U 100 IM	32
33	10&U 200 IM	34
35	8&U 50 Back	36
37	10&U 50 Back	38
39	8&U 50 Free	40
41	10&U 100 Free	42
43	10&U 200 Relay	44

\*\*Check-in required by 1:00pm.