

YMCA Westside Silver Fins 2011 Fall Season Opener October 7-9, 2011

Held under the sanction of USA Swimming

Sanctioned by: Arizona Swimming Sanction Number: AZ12-33

Liability: In granting this sanction, it is understood and agreed that USA Swimming, Inc., Arizona Swimming, Inc., the YMCA Westside Silver Fins, and all meet officials shall be held harmless from any and all liabilities of claims for damages by reason of injuries to anyone during the conduct of this meet, which includes all warm-up sessions.

Hosted by: YMCA Westside Silver Fins

Meet Director: Robyn Ferro 623-680-9156 robynferro@gmail.com
Meet Referee: David Brace 623-262-3152 davidlbrace@gmail.com

Meet Location: Southwest Valley Family YMCA, 2919 N. Litchfield Rd, Goodyear, AZ 85395

Course: Outdoor, 25 yard, 8/10 lane heated pool, Colorado Start, semi-automatic system for all Sessions. A 25-yard warm up pool area will be available for continuous warm-up throughout the meet. The competition course has been certified in accordance with 104.2.2(C). The minimum water depth, measured in accordance with Article 103.2.3, is 6 feet, 0 inches at the start end and 6 feet, 0 inches at the turn end.

Eligibility:

1. Open to any current USA Swimming registered athlete.
2. All athletes, coaches and officials must be USA Swimming registered prior to the entry meet deadline. No on-deck registration will be available. A valid USA Swimming registration card must be presented to the Clerk of Course, if requested. All coaches and officials must wear their current USA Swimming registration in a visible manner. Out of state athletes must include a copy of their USA Registration card or a team roster signed by the LSC registrar.
3. Age on October 7, 2011 will govern for the meet.
4. This is a No Time Standard (NTS) meet for all sessions.
5. Swimmers with a disability are welcome to enter this meet. The coach or entry chairperson must alert the meet director, referee, and entry coordinator as to the need or any special accommodations or seeding arrangements at the time the entry is submitted.

Rules:

1. The current rules of USA competitive swimming will govern this meet.
2. Individual events are pre-seeded, timed final events, except where noted below.
3. The 400 IM, 500 free and 1000 free will be deck seeded, and will require positive check-in with the clerk of course 45 minutes prior to the start of the session in which they are swum. These events will be swum fastest to slowest, alternating women and men.
4. Swimmers are limited to 3 individual events per Session for Sessions II, III & IV, but no more than 5 individual events per day may be swum. Session I swimmers are limited to 5 individual events for that session.
5. Entry times must be the swimmer's best short course times. No converted times may be used for entry.
6. All coaches and officials must be USA Swimming registered prior to the competition and wear current registration in a visible manner.

7. Any swimmer entered in the meet, unaccompanied by a US Swimming member coach must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
8. Relay cards must be turned in 45 minutes prior to the start of the session in which they are swum. There is no limit to the number of relays a team may enter. We ask that you enter all relays with your individual entries if at all possible to help with time lines and ease meet administration.
9. Time trials will be offered at the discretion of the meet referee.
10. The Arizona controlled meet warm-up will be posted and enforced.
11. WSF reserves the right to limit meet attendance to the first 350 athletes entered per session to help control the time line.

Sessions:	Session I (Friday, October 7, 2011):	Warm-ups: 4:00 PM	Start: 5:00 PM
	Session II (Saturday, October 8, 2011):	Warm-ups: 7:30 AM	Start: 8:30 AM
	Session III (Saturday, October 8, 2011):	Warm-ups: 1:00 PM	Start: 2:00 PM
	Session IV (Sunday, October 9, 2011):	Warm-ups: 7:30 AM	Start: 8:30 AM

Entries: All entries must be submitted via email in Hy-tek format. No late entries will be accepted. Meet entries will be due Sunday, October 1, 2011 by midnight.
E-Mail: robynferro@gmail.com

Entry Fees: \$5.00 LSC surcharge
\$3.00 per individual event \$6.00 for time trials
\$6.00 for relays
Entry fees are due by the start of the first session, Friday, October 7, 2011. Payment may be made by cash, check or credit card. Make checks payable to **YMCA Westside Silver Fins**.

Awards: Ribbons for 1st through 8th place for individual events.
Ribbons will be awarded for 1st through 3rd places for the relays.
Ribbons for 13 and over events will be available upon the swimmers or coaches request at the clerk of course table. Ribbons will not be mailed to teams- please plan to wait an additional 10 minutes after the end of session 4 to allow for results and awards.

Timing: Volunteers will be asked to time for all events except for the 400 IM, 500 Free & 1000 Free. In the above mentioned events, swimmers must provide their own timers (2) and lap counters.

Hotels: There are a number of great hotels in the vicinity of the pool.

Concessions: A full snack bar with candy, snacks, meals and beverages will be open during each session of the meet.

Vendor: Ski Pro will be on site during the Saturday and Sunday sessions for all of your swim equipment needs.

Parking: Parking availability at the Southwest Valley Family YMCA is restricted. We ask that all officials, coaches and volunteers park in adjacent lot to the YMCA (main parking lot). There will be a drop off/ pick up area located near the community entrance of the pool for anyone that is not a coach, official or volunteer.
All parents and swimmers must use church parking lot to the east of the YMCA. Please enter the church parking lot using the driveway immediately east of the YMCA parking lot entrance on Thomas. Please do not use the parking lot located on the North-West corner of the YMCA. It is for the city of Goodyear skate park only.

Results:

Results will be posted on the YMCA Westside Silver Fins website (www.wsfins.com) after the conclusion of the meet. Results will be available as a downloadable zip file for Team Manager as well as PDF format for immediate viewing.

Session I – Friday, October 7, 2010

Warm up: 4:00 PM Start: 5:00 PM

Girls	Time	Event	Time	Boys
1	NT	8 & Under 100 Free	NT	2
3	NT	9-10 100 Free	NT	4
5	NT	8 & Under 50 Breast	NT	6
7	NT	9-10 yr old 50 Breast	NT	8
9	NT	8 & Under 50 Back	NT	10
11	NT	9-10 yr old 50 Back	NT	12
13	NT	8 & Under 50 Fly	NT	14
15	NT	9-10 yr old 50 Fly	NT	16
17	NT	8 & Under 50 Free	NT	18
19	NT	9-10 yr old 50 Free	NT	20
21	NT	8 & Under 100 IM	NT	22
23	NT	9-10 100 IM	NT	24
25	NT	10 & Under 200 Free Relay	NT	26

Session II – Saturday, October 8, 2010

Warm up: 7:30 AM Start: 8:30AM

Girls	Time	Event	Time	Boys
27	NT	11 & Over 200 Back*	NT	28
29	NT	10 & Under 100 Back	NT	30
31	NT	13 & Over 50 Free	NT	32
33	NT	11-12 50 Free	NT	34
35	NT	10 & Under 200 Free*	NT	36
37	NT	13 & Over 100 Breast	NT	38
39	NT	11-12 100 Breast	NT	40
41	NT	10 & Under 100 Breast	NT	42
43	NT	11-12 50 Fly	NT	44
45	NT	13 & Over 400 Free Relay	NT	46
47	NT	12 & Under 200 Free Relay	NT	48
49	NT	11 & Over 400 IM* **	NT	50

* The 400 IM will require positive check in at the clerk of course 45 minutes prior to the start of the session.

** Swimmers must provide their own timers (2) for the 400 IM.

Session III – Saturday, October 8, 2010

Warm up: 1:00 PM Start: 2:00 PM

Girls	Time	Event	Time	Boys
51	NT	11-12 50 Breast	NT	52
53	NT	13 & Over 200 IM*	NT	54
55	NT	11-12 200 IM*	NT	56
57	NT	10 & Under 200 IM*	NT	58
59	NT	11-12 50 Back	NT	60
61	NT	13 & Over 100 Fly	NT	62
63	NT	10 & Under 100 Fly	NT	64
65	NT	11-12 100 Fly	NT	66
67	NT	13 & Over 100 Free	NT	68
69	NT	11-12 100 Free	NT	70
71	NT	13 & Over 400 Medley Relay	NT	72
73	NT	12 & Under 200 Medley Relay	NT	74
75	NT	10 & Under 500 Free* **	NT	76
77	NT	11 & Over 500 Free* **	NT	78

* The 500 free will require positive check in at the clerk of course 45 minutes prior to the start of the session.

** Swimmers must provide their own timers (2) and lap counter for these races.

Session IV – Sunday, October 9, 2010

Warm up: 7:30 AM Start: 8:30AM

Girls	Time	Event	Time	Boys
79	NT	11 & Over 200 Breast*	NT	80
81	NT	11-12 200 Free*	NT	82
83	NT	13 & Over 200 Free*	NT	84
85	NT	11-12 100 Back	NT	86
87	NT	13 & Over 100 Back	NT	88
89	NT	11 & Over 200 Fly*	NT	90
91	NT	11-12 100 IM	NT	92
93	NT	11 & Over 1000 Free* **	NT	94

* The 1,000 free will require positive check-in at the clerk of course 45 minutes prior to the start of the session.

** Swimmers must provide their own timers (2) and lap counters for these races.