



Arizona Swimming

2011 Short Course Senior State Championships

March 3-6

Held under the sanction of USA Swimming, Inc.

Sanctioned By: Arizona Swimming, Inc. Sanction # AZ11-52R
Liability: In granting this sanction, it is understood and agreed that USA Swimming, Inc., Arizona Swimming, Inc., YMCA Westside Silver Fins, SW Valley YMCA, and all meet officials shall be held harmless from any and all liabilities or claims for damages by reason of injuries to anyone during the conduct of this meet, which includes all warm-up sessions.

Hosted By: YMCA Westside Silver Fins
Meet Director: Robyn Ferro robynferro@yahoo.com
Meet Referee: Dave Brace DavidlBrace@gmail.com
Meet Location: SW Valley YMCA
2919 N Litchfield Rd.
Goodyear, AZ 85395 (take I-10 West to Litchfield Rd. and go North, then take right on Thomas and first left into YMCA parking lot)

Course: Eight lane, outdoor, 25 yard pool with non-turbulent lane lines, fully automatic Start and Timing System. Continuous warm-up/cool-down will be available throughout the meet. The competition course has been certified in accordance with 104.2.2(C). The minimum water depth, measured in accordance with Article 103.2.3, is 7 feet, 0 inch and 13 feet, 0 inch at the start end and 7 feet, 0 inch and 13 feet, 0 inch at the turn end.

Eligibility: 1. Open to any Arizona/USA Swimming registered athlete 15 years or older who has met the Arizona Swimming Senior State Qualifying time standards which are listed on the Arizona Swimming web site. If a 14 year old athlete turns 15 after the start date of Senior States and before the start date of Age Group State, then the athlete is eligible to swim at Senior States if he/she has met the current Arizona Swimming Senior State Qualifying Times (either yards or meters as listed at www.azswimming.org). The meet is also open to any 13 year old or older athlete from an LSC other than Arizona that has met the current Arizona Swimming 13-14 State Qualifying Times (see www.azswimming.org). Athletes must be US Swimming registered as of the meet entry deadline. On-deck registration is not available at any Arizona Swimming meet. Proof of registration must be presented to the Clerk of Course if requested.

2. Any swimmer entered in the meet, unaccompanied by a US Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

3. Age on **March 3, 2011** will govern for the meet.

4. Swimmers with a disability are welcome to enter this meet. The coach or entry chairperson must alert the meet director, meet referee, and entry coordinator as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.

Rules: 1. The current US Swimming rules for competitive swimming will govern.

2. All coaches and officials must be US Swimming registered prior to the start of competition and wear current registration in a visible manner. Registration will be checked at the Clerk of Course prior to the start of each session of competition.

3. The Arizona Swimming Controlled Meet Warm-up and Safety Guidelines will be posted and enforced.

4. Swimmers are limited to three (3) individual events per day, including time trials and nine (9) individual events for the meet, excluding time trials.

5. Distance Events:

- The 500 Free, 1000 Free, 1650 Free, and 400 IM will be deck seeded**, requiring positive check-in with the Clerk of Course to be seeded and/or to swim. Deadline for check-in to swim is 3:30pm on Thursday for Session I, and 9:30 am for Sessions II, IV, and VI.
- Swimmers in the 500 Free, 1000 Free, and 1650 Free must provide their own personnel for timing (2) and lap counting.
- The 1000 Free is a timed final event. This event will be swum fastest to slowest, alternating women and men.

d. The 1650 Free is a timed final event with the fastest seeded heat being swum during finals. All other heats of the 1650 Free will be swum during the preliminary session fastest to slowest, alternating women and men. ***Those athletes with top-8 seeded times may elect to swim in the preliminary session. Consideration of the order of events for Session VII Finals is presumed when making the decision. DECLARATION must be made before 9:30 AM on the day of Session VII Finals.

e. **In preliminaries, the 500 Free and 400 IM will be seeded and swum as follows:** 1). Top 6 heats of women – circle seeded and swum fast to slow. 2). Top 6 heats of men – circle seeded and swum fast to slow. 3). All remaining heats will be swum fast to slow alternating women and men.

6. **All individual events 500 yards and shorter are preliminary/final events.** All 200 yard and shorter individual events will be pre-seeded for preliminaries.

7. In all prelim/final events there will be a bonus, consolation, and championship heat. The order of the final heats shall be C, B and A (bonus, consolation and championship).

8. Relay events are pre-entered, timed finals events and will be swum during finals. There is no limit to the number of relays a team may enter, but only the two fastest relays from any one team will be scored. Coaches may pick up their relay cards for the meet at the start of Session I. All relay events must be pre-entered with a seed time. Although there is no time standard for relay events, all relay entries must include a seed time to be seeded and swum. Aggregate entry times are required for entry into relay events. The aggregate times must be achieved by the athletes participating in the meet. **Deck entered relay entries WILL NOT be Accepted.**

9. Proof of time is REQUIRED in advance for all swimmers for this meet.

1. All entry times will be verified against the USA Swimming SWIMS database. Entry times must have been achieved before the entry due date for entries. If a time cannot be proven before the meet, the swimmer will be removed from the event. No refunds will be given if a time cannot be proven. Only official results from sanctioned, approved or observed meets may be used to prove times.

2. Converted times may not be used. Time standards for this meet are provided in short course yards, short course meters, and long course meters. A swimmer who has met the qualifying time standard for an event in any course may enter that event in this meet.

3. When possible, coaches will be notified of swimmers who have not proven entry times.

10. Time trials will be offered during the meet at the conclusion of the preliminary session at the sole discretion of the Meet Referee. Time trials do not count against the limit of nine (9) individual events for the meet, but do count towards the limit of three (3) individual events per day. The time trial event order will be available at the Clerk of Course. The deadline for time trial entries will be decided by the Meet Referee.

11. The Arizona Senior scratch rule will be in effect. Any athlete qualifying for a bonus, consolation, or championship final race in an individual event who fails to compete (no show) (“Failure to Compete”) in the bonus, consolation, or championship final race shall be barred from further competition for the remainder of the meet, including relays. A declared false start or deliberate delay of meet is not permitted and will be regarded as a Failure to compete.

12. Deck seeded events: There is no penalty for athletes who do not check in for a timed final deck seeded event; they will simply be scratched from the event and may not compete. Athletes entered in an individual event that is seeded on the deck, in whole or in part, who have checked in for that event must compete in the event unless they notify the Clerk of Course that they wish to scratch before the seeding for that event has begun. Failure to compete (no show) in an event will result in being barred from the next individual event in which an athlete is entered.

Sessions:	Session I	Timed Finals:	Warm-up: 3:00 pm	Meet Start: 4:00 pm
	Sessions II, IV, VI	Prelims:	Warm-up: 7:30 am	Meet Start: 9:00 am
	Sessions III, V, VII	Finals:	Warm-up: 4:00 pm	Meet Start: 5:00 pm

Entries: All entries must be submitted via email in Hy-tek format unless other arrangements have been made with the meet director. Entries must be received by FRIDAY, FEBRUARY 25, 2011, and be accompanied by a Hy-Tek meet entry report. The electronic copy will have precedence in case of a discrepancy. No late entries or deck entries will be accepted.

Send entries to: robynferro@yahoo.com

Entry Fees:	LSC Surcharge:	\$5.00
	Individual Events:	\$6.00
	Relay Events:	\$12.00
	Individual Time Trials:	\$12.00

Entries fees must be paid by the start of the first session of the meet. Please make checks payable to YMCA Westside Silver Fins.

Scoring: Top 16 places will be scored. Only 2 relays per team per event will score.
 Individual events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
 Relay events: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 20, 8, 6, 4, 2

Awards: Individual Events: Medals for 1st – 8th place, ribbons 9th – 16th place
 Relay Events: Medals for 1st – 3rd place
 High Point: 1st – 3rd place for men and women.
 Team Points: 1st – 3rd place for combined team score

Concessions: The Silver Fins will operate a full snack bar during the meet.
 Vendor: SkiPro will be on-site for all your swim gear needs and they will supply the “MEET SHIRT.”

Parking: A drop-off and pick-up area will be located near the Community Entrance. An off-duty police officer will govern the lot. Please be mindful that the YMCA will be open for business and sharing the lot during the meet weekend.

Thursday The YMCA lot will have dedicated parking and there will be an over-flow lot located EAST of the YMCA @ St. Thomas Church lot.

Friday-Saturday The YMCA lot will have dedicated parking, St. Thomas lot will be available.

Sunday The YMCA lot will be available ONLY, “NO” The St. Thomas parking lot will NOT be available.

Hotel Information: Please see our website for hotel information, www.wsfins.com.

Session I – MARCH 3

Timed Finals – Warm-up: 3:00pm / Meet Start: 4:00pm

Women’s Event #	Event	Men’s Event #
1	1000 Free*	2
3	200 Free Relay#	4

* The 1000 Free will be deck seeded, requiring positive check-in at the Clerk of Course by 3:30 pm in order to swim the event.

* This event will be swum fastest to slowest, alternating women and men.

#Relay events are pre-entered, timed final events. There may be a 10 minute break prior to the start of the 200 Free Relay.

Session II (prelims) –MARCH 4

Preliminaries – Warm-up: 7:30am / Meet Start 9:00am

Women’s Event #	Event	Men’s Event #
7	50 Back	8
9	100 Free	10
11	200 Breast	12
13	100 Fly	14
15	500 Free**	16

** The 500 Free will be deck seeded, requiring positive check-in at the Clerk of Course by 9:30 am in order to swim the event.

Session III (finals) – MARCH 4

Finals – Warm-up 4:00 pm / Meet Start: 5:00 pm

Women’s Event #	Event	Men’s Event #
5	200 Medley Relay#	6
7	50 Back	8
9	100 Free	10
11	200 Breast	12
13	100 Fly	14
15	500 Free	16
17	400 Free Relay#	18

Relay events are pre-entered, timed final events swum during the finals session only.

Session IV (prelims) – MARCH 5

Preliminaries – Warm-up: 7:30am / Meet Start: 9:00 am

Women's Event#	Event	Men's Event #
19	50 Fly	20
21	200 Free	22
23	100 Breast	24
25	200 Back	26
27	400 IM***	28

*** The 400 IM will be deck seeded, requiring positive check-in at the Clerk of Course by 9:30 am in order to swim the event.

Session V (finals) – MARCH 5

Finals – Warm-up 4:00 pm / Meet Start: 5:00 pm

Women's Event #	Event	Men's Event #
19	50 Fly	20
21	200 Free	22
23	100 Breast	24
25	200 Back	26
27	400 IM	28
29	800 Free Relay#	30

Relay events are pre-entered, timed final events swum during the finals session only.

Session VI (prelims) – MARCH 6

Preliminaries – Warm-up: 7:30 am / Meet Start: 9:00 am

Women's Event #	Event	Men's Event #
31	50 Breast	32
33	50 Free	34
35	200 Fly	36
37	100 Back	38
39	200 IM	40
41	1650 Free*****	42

***** The 1650 Free will be deck seeded, requiring positive check-in at the Clerk of Course by 9:30 am in order to swim the event. The fastest seeded heat for each event will be swum during the finals session. All other heats will be swum during the preliminary session fastest to slowest, alternating women and men . *****Those athletes with top-8 seeded times may elect to swim in the preliminary session. Consideration of the order of events for Session VII Finals is presumed when making the decision. DECLARATION must be made before 9:30 AM on the day of Session VII Finals.

Session VII (finals) – MARCH 6

Finals – Warm-up 4:00 pm / Meet Start: 5:00pm

Women's Event #	Event	Men's Event #
31	50 Breast	32
33	50 Free	34
41*	1650 Free	
35	200 Fly	36
37	100 Back	38
	1650 Free	42*
39	200 IM	40
43	400 Medley Relay#	44

*The fastest seeded heat of the women's 1650 Free will be swum after event 34 in the finals session.

The fastest heat of the men's 1650 free will be swum after event 38 in the finals session.

Relay events are pre-entered, timed final events swum during the finals session only.