

YMCA Westside Silver Fins
2011 Short Course Senior State Championships
 March 3-6, 2011

Location: Southwest Valley YMCA (Our Pool)

<u>Sessions:</u>	Session I– Thursday, March 3rd:	Finals	Warm-up: 3:30PM Start 4:00PM
	Session II– Friday, March 4th:	Prelims	Warm-up: 7:30AM Start: 9:00AM
	Session III– Friday, March 4th:	Finals	Warm-up: 4:00PM Start: 5:00PM
	Session IV– Saturday, March 5th:	Prelims	Warm-up: 7:30AM Start: 9:00AM
	Session V– Saturday, March 5th:	Finals	Warm-up: 4:00PM Start: 5:00PM
	Session VI– Sunday, March 6th:	Prelims	Warm-up: 7:30AM Start: 9:00AM
	Session VII– Sunday, March 6th:	Finals	Warm-up: 4:00PM Start: 5:00PM

Eligible Athletes: Open to YMCA Westside Silver Fins team members 15 years of age and older who have met the 2009-2012 USA Swimming 15-16 “B” time standard (either yards or meters).

Entries: Swimmers are limited to a maximum of 3 individual events per day, including time trials and 9 individual events for the meet, excluding time trials.

When filling out your athlete’s entry form please be sure to indicate what sessions your athlete is available to participate in and any events they would like to participate in. Please note– coaches will make the final decision about what events your athlete will participate in and athletes must have made the qualifying time in EACH event that they enter.

Awards: Individual events: Medals for 1st-8th, ribbons for 9th-16th
 Relay events: Medals for 1st-3rd
 High point: 1st-3rd for men and women
 Team points: 1st-3rd for combined team score

Fees: \$5.00 LSC Surcharge
 \$6.00 per individual event
 \$3.00 per athlete per relay (athletes will be placed in relays by coaches and parents will be notified of any relay fees due)
 * Late fees– athletes who have not paid in full by the first day of competition will be charged a \$5 late fee. It is highly recommended that you provide a credit or debit card number on your athlete’s entry form to avoid any problems associated with late fees.

Please retain this sheet and the meet flyer for future reference.