

Team Rebel Aquatics Mid Winter Invite

January 15-16, 2011

Location: Buchanan Natatorium at the University of Nevada, Las Vegas
(The swim center is located at the northwest corner of the campus, accessible from Harmon Ave. Parking is free on weekends. The natatorium is located in the MPE building complex.)

Sessions: Session 1: January 15th, Warm-up 7:30 AM, Meet Start 9 AM
Session 2: January 15th, Warm-up After Morning Session (not before 12 Noon)
Session 3: January 16th, Warm-up 7:30 AM, Meet Start 9 AM
Session 4: January 16th, Warm-up After Morning Session (not before 12 Noon)

Eligible Athletes: Open to entire YMCA Westside Silver Fins team

Entries: Swimmers are limited to a maximum of 4 individual events per day. When filling out your athlete's entry form please be sure to indicate what sessions your athlete is available to participate in and any events they would like to participate in. Please note- coaches will make the final decision about what events your athlete will participate in.

Awards: Sessions 1&3, Medals 1st-3rd place, Ribbons 4th-6th place

Fees: \$7.00 LSC Surcharge
\$3.25 per individual event

Please retain this sheet and the meet flyer for future reference.

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Girls	Min Time (SC Yards)	Saturday Morning Warm Ups 7:30, Start 9 am 5-10 200 IM	Min Time (SC Yards)	Boys
1		5-8 100 IM		2
3		11-12 200 IM		4
***		5-8 25 Backstroke		5
6		5-10 50 Backstroke		7
8		11-12 50 Backstroke		9
***		5-8 50 Breaststroke		10
11		5-10 100 Breaststroke		12
13		11-12 100 Breaststroke		14
***		5-8 50 Freestyle		15
16		5-10 100 Freestyle		17
***		11-12 100 Freestyle		19
21		5-8 25 Butterfly		22
23		5-10 50 Butterfly		24
***		11-12 50 Butterfly		25
		10 minute break		
26	6.59.50	5-10 500 Free must meet 11-12 500 free red standard	7.05.31	27

Girls	Min Time (SC Yards)	Sunday Morning Warm Ups 7:30, Start 9 am	Min Time (SC Yards)	Boys
50		5-10 200 Freestyle		51
***		11-12 200 Freestyle		52
53		5-8 100 Freestyle		54
55		5-10 50 Breaststroke		56
***		11-12 50 Breaststroke		57
58		5-10 100 IM		59
***		11-12 100 IM		60
61		5-8 25 Breaststroke		62
63		5-10 100 Backstroke		64
***		11-12 100 Backstroke		65
66		5-8 50 Backstroke		67
68		5-10 100 Butterfly		69
***		11-12 100 Butterfly		70
71		5-8 50 Butterfly		72
73		5-10 50 Freestyle		74
***		11-12 50 Freestyle		75
76		5-8 25 Freestyle		77
***		***10 minute break***		
		11-12 500 Free	6.29.80	78

Girls	Min Time (SC Yards)	Saturday Afternoon Warm Ups End of Morning Session Start Not Before 12 NOON	Min Time (SC Yards)	Boys
28	6.24.60	Open 500 Freestyle	6.29.80	29
30		13 & Over 100 Breaststroke		31
32		11-12 100 Breaststroke		***
33		13 & Over 200 Freestyle		34
35		11-12 200 Freestyle		***
36	2.46.20	Open 200 Backstroke	2.51.40	37
38		11-12 50 Backstroke		***
39		13 & Over 200 IM		40
41		11-12 200 IM		***
42		13 & Over 100 Freestyle		43
44		11-12 100 Freestyle		***
45	2.43.20	Open 200 Butterfly	2.47.40	46
47		11-12 50 Butterfly		***
		10 Minute Break		
48	12.58.60	Open 1000	13.09.80	49

Girls	Min Time (SC Yards)	Sunday Afternoon Warm Ups End of Morning Session Start Not Before 12 NOON	Min Time (SC Yards)	Boys
79	5.48.20	Open 400 IM	5.48.90	80
81		11-12 100 IM		***
82		13 & Over 50 Freestyle		83
84		11-12 50 Freestyle		***
85	3.08.80	Open 200 Breaststroke	3.09.00	86
87		11-12 50 Breaststroke		***
88		13 & Over 100 Backstroke		89
90		11-12 100 Backstroke		***
91		13 & Over 100 Butterfly		92
93		11-12 100 Butterfly		***
		10 Minute Break		
94	21.32.10	Open 1650 Freestyle	21.51.50	95

*Swimmers in the 500 Freestyle and 1650 Freestyle will need to provide their own timers and lap counters. Both events will be swum fastest to slowest alternating girls and boys.
 ** Swimmers meeting the red time standard may swim the next event of that stroke one distance above and enter at minimum time standard.
 ***Open event time standards are based on 11-12 Blue minimum time standards