

YMCA Westside Silver Fins
September Intersquad Meet
September 19, 2009
 Open to all Black Group and Blue Group Swimmers

Athlete: _____

YMCA WSF training group and coach: _____

Availability:

_____ Session I (Saturday, September 19, 2009): Warm-ups: 10:00 AM Start: 10:30 AM

Desired events:

_____ 100 IM

_____ 25/50 Fly

_____ 25/50 Back

_____ 25/50 Breast

_____ 50/100 Free

* All athletes who enter the meet will be entered into relays.

Payment due:

LSC Surcharge - \$0.00

Individual events- \$0.00 (\$0.00 per event)

Total due- \$0.00

Please turn in this form to the YMCA WSF mailbox on the pool deck NO LATER THAN Sept. 16, 2009.