

YMCA Westside Silver Fins
October Intersquad Meet
October 24, 2009

Open to all Black Group and Blue Group Swimmers

Athlete: _____

YMCA WSF training group and coach: _____

Availability:

_____ Session I (Saturday, October 24, 2009): Warm-ups: 10:00 AM Start: 10:30 AM

Desired events:

_____ 100/ 200 IM _____ 50/100 Fly _____ 50/100 Back
_____ 50/ 100 Breast _____ 50/200 Free

* All athletes who enter the meet will be entered into relays.

Payment due:

LSC Surcharge - \$0.00
Individual events- \$0.00 (\$0.00 per event)
Total due- \$0.00

Please turn in this form to the YMCA WSF mailbox on the pool deck NO LATER THAN
Wednesday, October 21, 2009.